

# Prayerwalking



## Taking Your Faith Into The Real World



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VOLUME 2

JULY/AUGUST, 2014

ISSUE 4

## Getting Dressed To Prayerwalk

There is a particular way that you should dress when you go prayerwalking. You can't go prayerwalking in just anything. When you go prayerwalking, you need to wear the armor of God. God has provided you with the armor of God to protect you and help you in your spiritual warfare. When you prayerwalk, you are doing spiritual warfare. You are attacking the enemy's territory and tearing down his strongholds through prayer. Because of this, you need to put the armor on before prayerwalking.

What are the pieces of armor that God has provided for you?

**Ephesians 6:14**

**Ephesians 6:15**

**Ephesians 6:16**

**Ephesians 6:17**

**Ephesians 6:18**

This is your armor! You are in a spiritual war, especially when you are prayerwalking. God has given you this armor to protect yourself and to go on the offensive in against the strongholds of the enemy.

*Plead with God to teach you about the armor. Pray that you will become skilled in using all the weapons has given you for this spiritual warfare. Commit yourself to putting the armor of God on each day. Call on God to create within you a clean heart and a right spirit.*

## **Rooting Out And Replacing** **Ephesians 4:27**

One of the most powerful truths that you can learn about spiritual warfare is the principle of rooting out and replacing. When people yield to sin, it gives the devil a foothold in their lives and in a place. The devil uses this foothold to deepen and further his attacks against people and the church.

In spiritual warfare, we are to plead for the destruction of those footholds. We are to pray for these to be removed. The main way that we do this is by praying for a spirit of repentance to be given to people. Yet, we cannot stop our praying with just this. We must move on to pray for replacing the sin with righteous behavior. We must then ask that what is good and holy take the place of the evil.

When I went to the dentist to have a cavity fixed, he drilled out the decayed, rotten part of the tooth. However, he didn't stop there. He then placed medicine and a silver filling in the tooth. He removed the rotten part and replaced it with what is good.

The same is true in spiritual warfare. We are to ask for the removal of what is evil. We must plead that what is sinful will be rooted out. Then we must ask that it would be replaced with what is righteous.

The following are sinful behaviors. What righteous behaviors could you ask to replace them?

**Hatred**

**Sexual immorality**

**Greed**

**Pride**

**Lying**

At the same time, praise unleashes the power of God. When we praise Him, God manifests His power. He is pleased to reveal Himself and His might as we praise Him (**Psalm 22:3**). By praising Him, we are asking God to manifest His presence and power.

**Prejudice**

By praising Him, we can gain insight into how to pray. For instance, the Bible reveals that God is a Defender (**Psalm 68:5; Proverbs 23:10**). As you praise Him for this, it could lead you into a time of praying for those who need His protection. You could intercede for those who cannot speak or stand up for themselves where you are prayerwalking. You could ask God to manifest His defending power in the lives of those who are under attack from the enemy. Praise and intercession go hand in hand. As you praise God for who He is, ask Him to manifest that characteristic.

**Addiction****Divorce**

*Pray that you will root out what is evil in your life and replace it with righteous character and behavior. Plead that you will discern how to pray for the rooting out of evil and replacing it with righteousness. Ask for a clean heart and right spirit.*

The Bible reveals the character of God through pictures. In these verses, we have pictures of God that teach us about His character. Through these pictures, you can gain a deeper understanding of God and gain insight on how to praise Him. It can enable us to offer powerful intercession as we prayerwalk:

### **Prayerwalking And Praise: The Pictures of God**

As we prayerwalk, we need to praise God. We do this because God is worthy. Our God is the great and mighty God. He is worthy of all our praise and adoration. Whether in our prayer times in private, in church, or in our daily lifestyle, we should offer praise to God.

Architect-Hebrews 11:10  
 Bear Robbed of Her Cubs-Hosea 13:8  
 Birds Hovering Overhead-Isaiah 31:5  
 Bridegroom-Isaiah 62:5  
 Builder-Hebrews 11:10  
 Cart-Amos 2:13

Confidence-Psalm 71:6; Proverbs 3:25  
 Consuming Fire-Deuteronomy 4:24;  
 Hebrews 12:29  
 Defender-Psalm 68:5; Proverbs 23:10  
 Deliverer-2 Samuel 22:2  
 Devouring Fire-Deuteronomy 9:3  
 Dew-Hosea 14:5  
 Dwelling Place-Psalm 90:1, 91:9  
 Eagle-Exodus 19:4; Deuteronomy 32:10  
 Enemy-Jeremiah 30:14; Lamentations 2:4  
 Ever-Present Help-Psalm 46:1  
 Friend from Youth-Jeremiah 3:4  
 Gardener-John 15:1  
 Glorious Crown-Isaiah 28:5  
 Glorious Sword-Deuteronomy 33:29  
 Green Pine Tree-Hosea 14:8  
 Hiding Place-Psalm 32:7  
 Husband-Isaiah 54:5; Jeremiah 3:14,  
 31:32; Ezekiel 16:32; Hosea 2:16  
 Keeper-Psalm 121:5  
 Lamp-2 Samuel 22:9  
 Leader-2 Chronicles 13:12  
 Leopard-Hosea 13:7  
 Lion-Isaiah 31:4  
 Mighty Warrior-Jeremiah 20:11  
 Portion-Psalm 73:26, 119:57, 142:5;  
 Lamentations 3:24  
 Reward-Genesis 15:1  
 Song-Exodus 15:2; Isaiah 12:2  
 Sun-Psalm 84:11  
 Support-Psalm 18:18  
 True Pasture-Jeremiah 50:7

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