



## The Varieties of Prayerwalking

Prayerwalking is a fun and exciting adventure. One of the reasons for this is because of the variety of ways that you can prayerwalk. God never intended for prayer to be boring. When you prayerwalk, you can discover hundreds of ways to pray for your area, your church, and the people around you. You will gain insights and grow as an intercessor. This variety will sustain your prayer life and create excitement and enjoyment concerning prayer.

In this chapter, we will examine the various ways that you can prayerwalk. There are numerous ways that you can prayerwalk. God honors and blesses each of these ways. God will grant you insight and power for each of these ways. Consider practicing all the varieties of prayerwalking.

### Prayerwalking Alone

The Holy Spirit will inspire you to do impromptu prayerwalks. You may not have others who can or will prayerwalk with you. The Holy Spirit will bless and guide your personal prayerwalking. Many believers do this as they exercise, whether it be walking or jogging.

When you prayerwalk alone, keep the following in mind:

Pray aloud. There may be times when God wants you to be silent and listen to Him. Yet, pray out loud if it is possible. Praying aloud helps you to stay focused as you prayerwalk. When you are prayerwalking by yourself, your mind will have a tendency to stray from praying. You may find it hard to concentrate. Praying aloud will aid you in staying focused. A single person praying audibly in public may appear odd or strange to onlookers. A simple word of explanation will suffice in these situations. Be more concerned about what God thinks than what anyone else thinks.

Prayerwalk the same route with other believers. Your solo prayerwalk may just be the beginning of prayerwalking an area. Once you prayerwalk a route by yourself, you might want to recruit other believers to prayerwalk that same route with you. You will be able to add power to that original prayerwalk with the agreement of other believers. You will be able to pray with added faith for the people, places, and situations along that route.

Avoid engaging evil powers by yourself. When you prayerwalk alone, focus on pleading for the release of God's power and blessings on people, places, and situations. Pray for God's righteousness to be exalted and His kingdom to engulf the people and the area. Avoid confronting evil powers by yourself. There is a place for confronting and binding evil spirits through prayer. Yet, it is better to have other believers with you who can pray for you and support you in this type of situation.

### Prayerwalking As A Family

Prayerwalking as a family can help your children understand prayer and move them toward becoming powerful intercessors. It can be the beginning of a lifetime of intercession. It will aid you in involving your children in prayer. They will have a part in advancing God's kingdom. It can provide you with new and fresh ways of praying as a family.

When you prayerwalk as a family, consider the following guidelines:

Pray for God to speak to and touch your children through family prayerwalks. Ask God to make these prayerwalks a significant spiritual marker in their lives. Pray that this will create a heart for intercession in your children.

Choose areas that are of interests to your children. Let your children help in planning the areas that you will pray.

Plan short and varied routes. Don't let your prayerwalking as a family become too complicated or too



long.

Talk with your children about what prayerwalking is and how to do it. Talk to them about where you are going and the prayer topics for that route. You might even devise short and simple prayer guides to help your children. You might even consider helping them find verses of Scripture that they can use on the prayerwalk.

Mix fun with intercession. Your children will not be able to focus on prayer for the entire prayerwalk. Be willing and ready to have times of fun mixed in with the prayerwalking. Even when you are having fun, talk with God about the fun that you are having.

Pray specifically about your children's concern. When you prayerwalk with your children, pray about those things that directly affect them. Pray about those things that bother them or make them fearful. Incorporate their interests in your prayerwalk.

Invite other family members or friends to prayerwalk with you. At times, you might want to include extended family members in your prayerwalks. Your children need to see the most important people in their lives in the practice of praying.

Affirm that God hears and answers prayer. After your prayerwalks, talk with your children about the truth that God hears and answers prayer. Share with them that God has heard your prayers and will answer them in His time and way. Use this as an opportunity to teach them about trusting Him and waiting on Him to answer.

## **Prayerwalking In Small Groups**

Prayerwalking can be done in groups of two or three people. It is best to have teams of two to three people. Praying with one or two team members enables you to pray in agreement. God loves it when His people pray together in agreement (Matthew 18:20). God's power and blessing are released when His people put this truth into practice.

When prayerwalking in small groups, remember the following general principles:

Form prayer teams-Usually prayer teams will come together spontaneously. Yet, there is good reason to be deliberate in forming teams. You must consider matters of safety, local sensitivities, and prayer maturity of the individuals.

Shuffle prayer teams. It is wise to place experienced intercessors with those who are struggling in prayer. When you do this, you are giving the experienced intercessors an opportunity to mentor and encourage the ones who are struggling. Prayer is contagious. Take advantage of this opportunity. There are times when a prayerwalk is designed so that prayer teams meet at certain points. When they meet, they rest and re-assign the prayer teams.

Develop a rhythm of prayer. Allow each person to pray in the group. Take turns praying and be sensitive to what the others are praying. Seek the filling of the Spirit and allow Him to lead the praying of the team.

## **Prayerwalking In Large Groups**

There are certain situations that are ideal for prayerwalking in large groups. A large group for prayerwalking is from seven to twenty-four. This type of prayerwalking is ideal for prayer rallies, evangelistic crusades, or protests and demonstrations. Some churches have left their sanctuaries and made a broad sweep of their communities with prayerwalking.

When you are planning or are involved with a large group for prayerwalking, consider the following:

Pray fervently for the Spirit's leadership. Prayerwalking in a large group requires careful planning under the Spirit's direction.

Plan the routes well. There are a variety of factors that you must consider when carrying out a large group prayerwalk. Think about how to negotiate the traffic lights and street signs. At what points will you stop and how long will you stop? Walk the route and estimate how much time will be needed to do the prayerwalk. You might consider dividing the large group up into teams of two and sending them out behind each other in one to two minute intervals.

Stay within the legal restrictions of your area. Some places may have laws requiring advance permission to walk. They may have other laws concerning group functions. Make sure that you know the requirements and restrictions and then adhere to them.



Prepare the way. You might consider sending teams of experienced intercessors on the route before the group prayerwalk. These intercessors can cover the route with prayer and prepare the way for the large group.

Use prayer guides and music. You can allow for spontaneous praying and singing. Yet, you might also consider having prayer guides and programs of music for the people to use in worship.

